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**Reverend Denise**-is on a study leave this week. She is continuing her studies in Spiritual Direction Training which takes her once again to Mt. Carmel Spiritual Centre in Niagara Falls. She will be back in her office on Thursday, October 8th.

<u>Canning Jars</u>-Do you have old canning jars you are not using? The Evening Guild will put them to good use for preserves for the Holly Berry Fair. You can leave them in the Flower Room. We will use only pints and half-pints; no quarts please. Contact Linda O'Donovan or Isabel Chernoff with any questions regarding this request.

<u>Flowers for the Altar</u>-are given today by Shannon and Jef Poulson to the Glory of God and in thanksgiving for their 40<sup>th</sup> Wedding Anniversary.

<u>Lunch Basket for Hungry Children</u>-is provided this week by Carol Scott to the Glory of God and in thanksgiving for God's many blessings.

Next Sunday's Bible Readings-Joel 2:21-27, Psalm 126, 1 Timothy 2:1-7, Matthew 6:25-33



<u>Singing</u> Prayers-An hour of sung prayer for all ages! At 6 pm Sundays: October 18<sup>th</sup>, November 15<sup>th</sup> and December 13<sup>th</sup>.

**<u>First Fruits Garden Project</u>**-"Blessed to be a Blessing." – Genesis

Many heartfelt thanks to all who so generously donated of their fruits, vegetables, flowers, seedlings and more! Your generosity raised \$1,430 through: Doctors without Borders, PWRDF, United Nations High Commission for Refugees (U.N.H.C.R.), and a matching government grant, to aid survivors of Nepal, and refugees from Syria and elsewhere. Thank you all. – Anne Schreck.

# "PARISH PULSE" NEWSLETTER OF ST. MARK'S CHURCH SUNDAY, OCTOBER 4, 2015

Prayer Chain Contact-is Lynne Hurd on October 4 and 5. Mary Brown is the contact October 6, 7, and 8. Lynne Hurd is the contact between Oct. 9 and 14 (in the absence of Maggie Ferguson. Lynne Hurd can be reached at: <a href="mailto:lynneh1@telus.net">lynneh1@telus.net</a> or 604-542-2772 Mary Brown can be reached at: <a href="mailto:marybrown@telus.net">marybrown@telus.net</a> or 604-535-6408

Attention All Newcomers-An invitation to all folks who are newish at St Marks; we'll have a light luncheon after church on Sunday, October 18. It is a chance to meet some of the crew and learn a little about our church community. Come join us in the Family Room (just off the Sanctuary) after the 10am service. Please RSVP to Holly.

**Bible Study Opportunity**-Betty Bear is leading a study of the Book of Romans, Tuesday mornings, until Dec. 1, in the Family Room from 9:30am to 11:30am. For further information please call Betty at 778-294-0966.



<u>Library News</u>-Are you a Jane Austin fan? Then The Secret of Pembrooke Park by Julie Klassen is the book for you. Abigail Foster is looking for affordable lodgings and finds Pembrooke Park. When she arrives everything is still the way the previous family left it, as if they just stepped out for a moment and are going to return any minute. Hints dropped by villagers, anonymous letters, and warnings from the curate, keep you reading and guessing right to the final page. A must read.

Family Dance-St. Mark's Ocean Park invites you and your neighbours to Celebrate the Feast of All Saints, with dancing for all ages! At 6pm Friday, October 30 Saint costumes are welcomed! DIY (do-it-yourself) www.catholicinspired.com/2012/09/all-saints-day-diy-costumes-games-and.html

www.pinterest.com/lizyork27/all-saints-day-costumes/

**Looking Ahead To Thanksgiving**-The Altar Guild is seeking fruits and vegetables to be used in the Altar's Thanksgiving display, on Sunday, October 11. Please put any donations in the bin provided in the Narthex no later than Friday, October 9.

<u>St. Mark's Youth-</u> Youth Nights are Tuesdays at 7pm in the Youth Room. Join our Facebook page or sign up for our newsletter at <a href="https://www.stmarkbc.org/youth">www.stmarkbc.org/youth</a>.

**Seniors News**-Wednesday Get-Togethers for conversation in the Family Room and games in the Hall, from 1pm to 3:30pm, with refreshments at 2:30pm. Alternate Wednesdays until mid-December. The next one is this Wed. Oct. 7

For information regarding other outings please contact: <a href="mailto:sinder@shaw.ca">sinder@shaw.ca</a> 604-531-4931 (Sue) and <a href="mailto:acormode@shaw.ca">acormode@shaw.ca</a> 604-531-9585 (Janet)

#### **PWRDF Christmas Cards**

These beautiful Christmas cards are a wonderful way to spread the word about The Primate's World Relief and Development Fund's important work and to support PWRDF's relief and development partners' around the world at the same time.

Packs of 12 cards and envelopes.

A recommended donation of \$20 per pack to support PWRDF's work is invited.

Two designs to choose from:

**Holy Family** and **Nativity Play**, both by Visible Spirits. Cards may be ordered through our PWRDF parish representatives, Roberta & John Braddock, or directly from PWRDF by calling:

1-866-308-7973 FREE or 416-924-9199, ext. 318





"Nativity Play" (right) and "Holy Family" Christmas cards are now available.

# **OFFICE HOURS**

9am to 12 noon on Monday9am to 3pm Tues. through Thurs.9am to 12 noon on Friday

# **Upcoming Events**

### Monday, October 5

9am - Exercise - Hall

# Tuesday, October 6

9:30am - Bible Study - Family Room

1:30pm - Prayer Shawl Meeting - Family Room

7pm - Youth - Youth Room

7:15pm - ESL Bible Study - Education Centre

#### Wednesday, October 7

9am - Exercise - Hall

10am - Service - Sanctuary

1pm – Seniors Get-Together – Family Room/Hall

7:30pm - Choir Practice - Sanctuary

#### Friday, October 9

9am - Exercise - Hall

#### **PWRDF's Voices Of Hope - Nepal**

Shantamaya Tamang lives in the village of Moktan-Tole in the mountains of Nepal. On April 25, the day of the massive earthquake, Moktan-Tole had 12 houses. After the quake, not a single home was still standing. Tamang lost everything she owned except her buffalo. PWRDF's relief efforts through the ACT Alliance have provided the people of Moktan-Tole with blankets, tarps, hygiene kits, buckets, mugs and food. Tamang and her family have replanted their crops, but are receiving food to tide them over until they can harvest. They are also working at rebuilding houses from materials salvaged from the ruins of their homes. Counsellors have visited to help them come to grips with their experience and to get their lives closer to normal again. In the coming months and years, PWRDF will continue to support people like Tamang and communities like Moktan-Tole throughout Nepal as they rebuild their communities and livelihoods.